

ONLINE

01 JAN 2026 - 13 DEC 2026

# Executive Coaching for Professional Staff – Five Sessions (2026)

Career advancement



**LANGUAGE**  
English



**DURATION**  
300 minutes



**ENROLL BY**  
09 Dec 2026



**PRICE**  
1,365 USD



**LOCATION**  
ONLINE



**TARGET**  
UN Only

 **CONTACT** [act@unssc.org](mailto:act@unssc.org)

UNSSC coaching packages provide a supportive space for you to explore challenges, strengthen relationships, and apply practical tools that foster effective leadership and management. Through coaching, you gain valuable insights that enhance your effectiveness in achieving goals and shaping your professional path.

## Introduction

Coaching is a learning process. It transforms how we observe ourselves, understand others, and engage in professional situations. It is a collaborative journey of growth, where we work on ourselves with the guidance and support of a coach.

The UNSSC Executive Coaching Package offers a structured and supportive space for reflection, learning, and development. Within an environment of trust and psychological safety, you are encouraged to explore your experiences, gain new perspectives, and define actionable paths forward in your professional growth.

## Objectives

- Reflect on values, behaviours, goals, and vision.
- Examine your role and navigate team dynamics with an authentic, empathetic presence.
- Define gaps you want to address.
- Identify challenges, set achievable goals and develop action plans.
- Come to your own conclusions on your areas of development.

## Course methodology

Our coaching services are delivered by highly experienced and credentialed coaches who also work within our learning programmes, giving them valuable insight into the UN context. Through one-on-one sessions, you will have the opportunity to reflect, learn, and take practical steps toward achieving your professional goals and vision.

If you have previously worked with one of our coaches, you are welcome to request to continue with the same coach. If this is your first coaching experience, we will contact you after your enrolment has been approved to match you with a coach best suited to your specific needs.

All sessions are **confidential, fully tailored to you**, and conducted **online** via Zoom, Microsoft Teams, telephone, or another preferred platform.

## Course contents

UNSSC Executive Coaching provides a confidential and supportive space for reflection, growth, and action. Through flexible one-on-one sessions with experienced, UN-context-aware coaches, you will explore professional challenges, clarify goals, and develop strategies to enhance performance and leadership effectiveness.

The coaching process encourages greater self-awareness, resilience, and focus, helping you to strengthen relationships, navigate complexity, and achieve your career and organizational objectives with confidence.

## Target audience

This package is open to any professional-level staff member from across the UN system.

To help us tailor the coaching offer to your specific needs, please respond to the following questions in the "Motivation" field when completing your online enrolment:

1. Have you received coaching before?
2. If you have previously been coached as part of one of our programmes, would you like to work with the same coach again?
3. What is your preferred language for coaching?
4. What is your preferred time zone for scheduling sessions?

## Cost of participation

The fee for this coaching package is \$1,365, which includes five individual sessions of one hour each.