

ONLINE

01 JAN 2026 - 31 DEC 2026

## Executive Coaching for Junior Professional Officers - Five Sessions (2026)

Coaching and Assessments



**LANGUAGE**  
English



**DURATION**  
300 minutes



**ENROLL BY**  
09 Dec 2026



**PRICE**  
1,365 USD



**LOCATION**  
ONLINE



**TARGET**  
UN Only

**CONTACT** [act@unssc.org](mailto:act@unssc.org)

Designed specifically for Junior Professional Officers (JPO), the UNSSC Executive Coaching Package provides a confidential space to reflect, grow, and plan your next career move.

With the support of experienced UNSSC coaches, you will strengthen your professional effectiveness, build confidence, and create a clear direction for your future within the United Nations (UN) system.

## Introduction

Coaching is a learning process. It transforms how we observe ourselves, understand others, and engage in professional situations. It is a collaborative journey of growth, where we work on ourselves with the guidance and support of a coach.

The UNSSC Executive Coaching Package for JPOs offers a structured and supportive space for reflection, learning, and development. Within an environment of trust and psychological safety, you are encouraged to explore your experiences, gain new perspectives, and define actionable paths forward in your UN career.

Throughout the sessions, you will explore key aspects of professional growth and career planning.

This coaching journey supports you in gaining the insights, focus, and confidence needed to advance your career with clarity and purpose within the UN system and beyond.

# Objectives

- Reflect on your values, behaviours, goals, and vision.
- Define your career aspirations within the UN system and identify gaps you wish to address.
- Explore your personal resources, habits, and attitudes, recognizing what supports your growth and what may be holding you back.
- Develop practical actions and strategies to navigate your UN career with confidence.
- Reach your own insights and conclusions on key areas for professional development.

## Course methodology

Our coaching services are delivered by highly experienced and credentialed coaches who also work within our learning programmes, giving them valuable insight into the UN context. Through one-on-one sessions, you will have the opportunity to reflect, learn, and take practical steps toward achieving your professional goals and vision.

If you have previously worked with one of our coaches, you are welcome to request to continue with the same coach. If this is your first coaching experience, we will contact you after your enrolment has been approved to match you with a coach best suited to your specific needs.

All sessions are **confidential, fully tailored to you**, and conducted **online** via Zoom, Microsoft Teams, telephone, or another preferred platform.

## Course contents

UNSSC Executive Coaching provides a confidential and supportive space for reflection, growth, and action. Through flexible one-on-one sessions with experienced, UN-context-aware coaches, you will explore professional challenges, clarify goals, and develop strategies to enhance performance and leadership effectiveness.

The coaching process encourages greater self-awareness, resilience, and focus, helping you to strengthen relationships, navigate complexity, and achieve your career and organizational objectives with confidence.

## Target audience

This package is open to any JPOs from across the UN system.

To help us tailor the coaching offer to your specific needs, please respond to the following questions in the "Motivation" field when completing your online enrolment:

1. Have you received coaching before?
2. If you have previously been coached as part of one of our programmes, would you like to work with the same coach again?
3. What is your preferred language for coaching?
4. What is your preferred time zone for scheduling sessions?

## Cost of participation

The fee for this coaching package is USD 1,365, which includes five individual sessions of one hour each.