UNITED NATIONS SYSTEM STAFF COLLEGE

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ONLINE

09 FEB 2026 - 27 MAR 2026

UN Coaching Skills Catalyst Programme

Career advancementLeadership
Coaching and AssessmentsCommunications
Team Building



LANGUAGE	DURATION	ENROLL BY	PRICE	LOCATION	TARGET
English	3 months	06 Feb 2026	2,000 USD	ONLINE	UN Only

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This six-week experiential programme is designed to immerse you in core principles of coaching, grounded in both global coaching best practices, and the values underpinning the mission of the United Nations. Key coaching tools will be explored, including cultivating a coaching mindset, mastering deep listening, utilizing questioning techniques to spark learning and intrinsic motivation, and fostering accountability. Through a combination of webinars and peer coaching, you will learn to:

- Build relational trust and foster meaningful connections with your team;
- Create actionable strategies that empower individuals to achieve their potential:
- Enhance decision-making and innovation through collaborative dialogue.

Introduction

A coaching approach to leadership does not require giving advice or offering ready-made solutions. It is about accompanying individuals as they uncover their own potential, challenge assumptions, and align their actions more fully with their values.

The methodology supporting a coaching mindset is rooted, above all, in self-awareness, which leads to assisting others in transformative action, and sustainable growth; principles that resonate deeply with the mission of the United Nations.

Learning coaching skills will amplify your ability to:

- **Cultivate high-performance teams:** by utilizing deep listening and questioning techniques, and fostering accountability, you will create a culture of innovation and shared ownership;
- **Strengthen collaborative leadership:** a coaching mindset invites openness and trust, qualities essential for working across diverse cultural and organizational contexts;
- **Shape the future of the organization:** by aligning personal aspirations with collective goals, leading as a coach can help ensure the UN remains forward-looking, inclusive and people-centred.

Objectives

By the end of the Programme, you will be able to:

- **Apply a coaching mindset:** hold growth-focused and meaningful conversations;
- **Foster trust and safety:** create environments where team members feel valued and heard;
- **Strengthen performance management:** provide feedback that supports learning and growth;
- **Practise empathetic leadership:** accompany colleagues toward their own insights and solutions;
- **Gain clear commitments and follow-through:** inspire accountability and shared ownership;
- **Work skilfully with emotions**: recognize and respond with empathy and composure;
- **Use forward-looking tools:** design purposeful action and cultivate collective accountability.

Course methodology

Experiential learning approach: emphasis on practical application with essential theory to support understanding.

Course contents

The Programme consists of interlinked learning components:

Online webinars

The Programme includes weekly webinars where we touch on all the basic concepts of coaching, introducing key principles and skills that can be applied to enhance communication, collaboration, and performance across diverse work settings.

Peer coaching

The Programme includes two 1-hour peer coaching sessions, allowing you to foster a culture of collaborative learning and shared responsibility while encouraging colleagues to further develop critical thinking skills and build consistency, trust, and practical coaching experience.

This Programme is firmly grounded in the **United Nations System Leadership Framework** and the **UN Values and Behaviours Framework.** By integrating coaching skills into your leadership practice, you will strengthen your capacity to connect, inspire, and empower others, setting the stage for more effective collaboration, collective responsibility, and purposeful action.

Aligned with **UN 2.0 principles**, this Programme supports you in cultivating innovation, collaboration, and inclusivity. Coaching skills serve as a practical bridge between intention and impact, helping to create environments where people think creatively, engage constructively, and take shared ownership of results.

Through experiential learning, you will enhance your ability to apply core coaching skills, including listening, questioning, feedback and presence, in daily interactions. By the end of the Programme, you will have developed greater awareness, confidence, and agility in using a coaching approach to foster trust, accountability, and lasting positive change.

Target audience

All UN staff.

Cost of participation

The fee for this programme is $2,000.