





ONLINE

22 OCT 2025 - 23 OCT 2025

All Staff: Navigating Change with Confidence

CHANGE AND INNOVATION



 LANGUAGE English	 DURATION 2 half days (2 times 3.5 hours)	 ENROLL BY 17 Oct 2025	 PRICE 750 USD	 LOCATION ONLINE	 TARGET UN Only
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 **CONTACT** g.menrad@unssc.org

Do you want to make sense of change and turn a chaotic journey into a more controlled transition? Our *Navigating change with confidence* course supports you in embarking on a journey from initial awareness to reinforcement and allows you to explore your experience and options for personal resilience in times of transition and change.

Introduction

This course is your compass to navigate change with confidence. Tailored to all UN staff, the course allows you to unpack the complexity of change and make sense of your experience.

We will explore the different steps of a change journey and how you can experience them: awareness, resistance, desire for change, knowledge and ability. Regardless of your grade or duty station, it allows you to gain essential skills to cope with the ever-increasing pace of transformation and change within your organization and the wider UN system, including in the context of [UN 2.0](#)

Objectives

Upon successful completion of the programme, participants will be able to:

1. Acknowledge the reality of change
2. Recognize changes at work and their impact
3. Understand what drives desire for change
4. Plan how to leverage learning for change
5. Explore how to remain resilient when in a change process
6. Articulate that actions and signals are required to reinforce a change process

Course methodology

The training is delivered through hands-on virtual workshops. It allows time for peer learning with exercises and group work. Case studies and best practices facilitate the application of learning to real-life situations. Participants can apply workshop concepts to cases or their 'change' situations. The design facilitates the transfer of learning to the workplace with the help of practical tools and templates.

Course contents

This course includes the following themes:

- Awareness of the need for change and resistance
- Desire to participate and support the change
- Knowledge and ability on how to change
- The role of reinforcement and resilience
- Bringing it together: peer presentation and feedback from peers

Target audience

This course is for all staff – HQ and field-based.

This course can also be run as in-house / on-site training for an individual agency on demand – please get in touch with us via email for additional details and pricing : unlock@unssc.org

Cost of participation

The course fee of \$750 includes all dedicated materials and webinars.