



A combination of self-paced learning and webinars to enable general service (GS) staff and equivalent in field and headquarter (HQ) positions to approach change with confidence and gain a necessary understanding of their position/role in a change initiative.

Introduction

What is your experience with change? Have you ever felt change is coming from above, with little room for you to express your views, be heard, and feed into the way forward?

In this course, we help you find out what needs to happen to find your voice in organizational change. We will talk about the human side of change and explore how you can move from "experiencing a change" to truly "owning it".

Objectives

Upon successful completion of the programme, participants will be able to:

- map and articulate the reality of and need for change in the United Nations and in their immediate environment
- acknowledge change happening around them and describe the impact on their day-to-day work and the work of their colleagues
- reflect on the impact of change on their bodies and minds
- identify what is in their circle of influence or control
- identify opportunities for shaping the way forward and influencing the impact on people and teams
- build resilience strategies
- adopt efficient strategies for speaking and managing up, including suitable questions to ask that support change and mitigate potential negative side effects

Course methodology

This is a **self-paced course on the Blue Line**. **Additionally, two webinars of two hours will be offered four times per calendar year** to complement the course content and deepen the learning as well as space for discussion and exchange. In total, the required commitment is eight hours (four hours self-paced plus four hours of webinars) over a period of 12 to 16 weeks.

Course contents

This virtual course includes the following content:

- Lesson 1: The impact of change (60 mins)
- Lesson 2: Identifying and meeting my needs in times of change (60 mins)
- Webinar 1: Consolidation and community part 1 (120 mins)
- Lesson 3: Navigating change in my role and relationships (60 mins)
- Lesson 4: Contributing to change (60 mins)
- Webinar 2: Consolidation and community part 2 (120 mins)

Target audience

GS Staff, admin and programme support positions, HQ and field based.

Cost of participation

The course fee of \$750 covers full participation in this online course.