



As a participant in this course, you will build, develop and hone the key strategic skills needed by United Nations(UN) administrative assistants, helping you to boost your effectiveness on the job.

Introduction

Administrative assistants have to cover different roles, are constantly juggling a wide array of tasks and have to deal with many people on a daily basis. They are the backbone of any organization and office, especially in the UN context where staff turnover often occurs. This course provides participants with tools, templates and techniques to greatly increase productivity and effectiveness in the workplace. It is about working to the best of one's abilities and encouraging, in turn, the best in those who work in the same environment.

The course is designed and delivered in partnership with the Institute for Leadership, Excellence & Development, Inc., which works with business professionals around the world who want to improve their ability to deliver projects and lead teams.

Objectives

Upon successful completion of this course, participants will be able to:

- Explain the importance of professional presence on the job.
- Apply self-management techniques to become more effective and efficient.
- Demonstrate improved communications skills, including listening, questioning and being more assertive.
- More effectively recognize and manage conflict, as well as deal with difficult people.
- Influence others even without authority over them.
- Make their style work to their favour.
- Use a five-step model for getting things done with less stress.
- Apply easy-to-use templates and tools to successfully deliver projects.
- Implement practical approaches to juggle competing priorities.

Course methodology

This course is delivered online. It combines synchronized online sessions on our virtual classroom, led by subject experts, with self-paced activities and interactive group discussions.

The weekly synchronized sessions are conducted on the Zoom online platform. Participants need a computer (or mobile device), a reliable internet connection and either a headset with a microphone to connect to the audio through the computer, or a telephone. We recommend accessing audio through the computer. No special software is required, but participants must be able to access Zoom, so please check the admin rights on your computer. We will send instructions for Zoom access to registered participants. We recommend you download the application and test your access in advance.

The online live sessions are from 2:00 pm - 4:00 pm Rome-time (8:00 am - 10:00 am New York-time).

The self-paced components and discussion forum for each week of the course are designed and structured on UNKampus, UNSSC's learning platform.

Course contents

The course is structured with the following topics:

- Week 1 Appearance, Style and Relationships: Recognize different styles and modify your approach accordingly can significantly help administrative assistants be more effective and influential. This session also outlines specific strategies to help build relationships based on trust and respect.
- Week 2 Project Management for Administrative Assistants: Provide skills and insights to help administrative assistants deliver projects.
- Week 3 Managing Time and Commitments: This is not a traditional time management session. Managing time is more than just having a to-do list.
- Week 4 Influencing others: This session outlines well-researched perspectives and techniques to help participants increase their ability to influence others.
- Week 5 Managing Conflict & Stress: This session provides practical insights to help administrative assistants handle conflict better and lessons on how to manage the daily stress of professional life.

Target audience

Administrative assistants working at both headquarters and field locations.

Cost of participation

The course fee of \$1,100 covers full participation in this online course.