UNITED NATIONS SYSTEM STAFF COLLEGE

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ONLINE

01 JAN 2025 - 31 DEC 2025

Executive Coaching for JPOs - Five Sessions (2025)

Career advancement



LANGUAGE	DURATION	ENROLL BY	PRICE	LOCATION	TARGET
English	300 minutes	09 Dec 2025	1,235 USD	ONLINE	UN Only

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The UNSSC Executive Coaching programme for Junior Professional Officers (JPO) is dedicated to providing JPOs with valuable insights and practical guidance to enhance their effectiveness in achieving their career advancement goals and aspirations. Through this coaching, JPOs can gain greater alignment, focus, and confidence as they navigate their chosen career paths within the UN system.

Introduction

Coaching is a learning process: it changes the way we observe ourselves and others, or engage in a specific situation. We work on ourselves together with the coach.

The UNSSC Executive Coaching for JPOs package offers the opportunity, space, structure, and crucially the psychological safety, for staff to reflect, contextualise, learn, and grow.

The sessions will cover key aspects of career planning, including exploring career vision, creating a career narrative, reflecting on challenges and relationships, and developing good leadership and management practices. Additionally, it helps JPOs identify their strengths for successful applications and interviews. The coaching aims to provide JPOs with insights that enable them to be more effective in achieving their career advancement goals and aspirations with greater alignment, focus, and confidence.

Objectives

- Reflect on your values, behaviours, goals, and vision
- Define your career aspirations in the UN as well as gaps you want to address
- Explore own resources, barriers, habits and attitudes that either hold you back or help you in your career advancement
- Develop actions for navigating your career in the UN
- Come to your own conclusions on your areas of development

Course methodology

Our coaching services are delivered by highly experienced and credentialed coaches who work in our programmes, allowing them insight into the UN context. You can benefit from one-on-one coaching sessions, to discuss and find meaningful learning while working to reach your goals and vision.

If you have already worked with one of our coaches, you are welcome to request to work with the same one. If this is your first coaching experience, we will contact you after your enrolment has been approved in order to pair you with one of our coaches, according to your specific needs.

The UNSSC Executive Coaching for Junior Professional Officers - Five Sessions package offers 5 sessions of 1 hour each, for a total of 300 minutes of coaching.

The coaching is completely individualized for you and confidential and will be delivered online (Skype, Zoom, telephone, Microsoft Teams, etc.).

Course contents

Please be aware of our coaching policy on scheduling, rescheduling, cancellation and no-show of sessions:

Procedure and scheduling of the coaching session:

- The time of the coaching meetings will be determined by the coach and client based on a mutually agreed upon time.
- Coaches will make a minimum of 3 attempts in writing to communicate with the client to schedule the session.
- If the coaches' efforts do not successfully result in the scheduling of the session, UNSSC will make contact with the client and advise on a deadline for replying and scheduling of the session in order to avoid forfeiting a session.
- If the above efforts do not result in a coaching session being scheduled and completed within the agreed time frame, the client will forfeit a coaching session.

Scheduling

- It is the responsibility of the coaches to reach out to their coachee to schedule the coaching sessions.
- Coaches are expected to make a minimum of three attempts in writing to communicate with the coachee to schedule the session.
- If the coaches' efforts do not successfully result in the scheduling of the session, UNSSC will make contact with the coachee and advise on a deadline for replying and scheduling of the session in order to avoid forfeiting a session.
- If the above efforts do not result in a coaching session being scheduled and undertaken within the agreed time frame, the coachee will forfeit a coaching session.

Cancellation of sessions

- Coachees must give their assigned coach 24-hour cancellation notice prior to their scheduled session.
- Coachees are allowed a maximum of two cancellations per coaching session.
- In the event that participants have exhausted the allowance of re-scheduling their sessions, or they no-show or cancel their session with less than 24 hours' notice, the coachee will forfeit a session.
- Exceptional circumstances will be dealt with on a case-by-case basis by the coach and coachee.

Target audience

This activity is open to recently former or current JPOs at headquarters and field locations in the UN, affiliated entities, related organizations and other multilateral organizations, by nomination and open enrolment.

In order for us to better tailor the coaching offer to your needs, kindly reply to these questions in the "Motivation" field when you enrol online:

- Please provide details of your JPO assignment (year of JPO assignment, UN/multilateral organization, duty station, and sponsoring country)
- Have you ever been coached before?
- If you have been coached before as part of one of our programmes, would you like to be assigned the same coach?
- What is your preferred language for coaching?
- What is your preferred time zone for the coaching?

Cost of participation

The activity fee is $1,235 for the 300 minute-package